Why We Sing







Welcome to XA Journey! Most nights during our gathering we take time to give God praise through music. You may find it confusing and crazy that a group of students (sober!) would come together and sing! We would like to share the following to help you understand why we include this element in our gatherings.

- ⇒ We Sing to *Celebrate* what God is doing in and around us.
 - O A paralyzed man healed by Jesus leads us in celebration: Luke 5:24b-25 —Then Jesus turned to the paralyzed man and said, "Stand up, take your mat, and go on home, because you are healed!" And immediately, as everyone watched, the man jumped to his feet, picked up his mat, and went home praising God.
 - o God forgives us of our sins because of the death and resurrection of Jesus Christ...there is much cause for celebrating in this truth alone!

\Rightarrow We Sing to Adore God.

- express our love for Jesus. They are especially helpful because when we don't have the words to say it's nice to have lyrics to help us express that love (as well as his love for God to be expressed and the songs become dead and routine! Don't let that happen in your life.
- O Revelation 4:8—Each of these living beings had six wings, and their wings were covered with eyes, inside and out. Day after day and night after night they keep on saying, "Holy, holy, holy is the Lord God Almighty—the one who always was, who is, and who is still to come."

\Rightarrow We Sing to *Thank* God.

o Isaiah 38:20—Think of it—the LORD healed me! I will sing his praises with instruments every day of my life in the Temple of the LORD.



O God has done some awesome things in our lives and we just want to remember to thank him. Each breath we take is from him so even when we bomb a test or are having relationship trouble we have reason to thank him!

Why are some raising their hands while they sing?

Here are two reasons you may see some people raising their hands as they sing:

- ⇒ If you have ever seen an Elvis concert you will see people raising their hands, jumping up and down, and even passing out because they were so close to Elvis. They were in a sense worshiping Elvis. While they were worshiping the wrong person, they do demonstrate an element of worship: namely that they were using their entire bodies to show Elvis they adored him. We encourage a free song service where you are welcome to sit, stand, walk, bow, or raise your hands in any way that brings glory to God.
- ⇒ It is a surrendered position; it can be a way of telling God that you are totally his.

Thank you for taking the time to learn why we take time to sing as we gather for XAJ. Please feel free to use this time to celebrate, adore, and thank God while being fully aware of His presence. We know God desires to meet you right where you are tonight and show you how radical and powerful his grace is!